

SRPD Adult Membership

Sunrise Recreation and Park District offers a variety of sponsored recreations programs for adult 50+. Your Adult Membership card allows you to participate in as many programs as you like, all year long.

Annual Membership - Only \$30

To Register: Drop by and see us at the District Office: 7801 Auburn Blvd. , Citrus Heights

Cards and Games

Bridge *Foothill Community Center*

Tuesdays 11:00am - 3:00pm

Wednesdays 9:00am - 1:00pm

Single Deck Pinochle *Rusch Patio Rm*

Tuesdays 12:00 - 3:00pm

Scrabble *Rusch Rm #1*

Mondays 12:30 - 3:30pm

Art and Crafts

Quilting *Rusch Rm #1*

Tuesdays 10:00am - 1:00pm

Watercolor Painting + art *Rusch Rm # 4B*

Wednesdays 9:00am - 12:00pm

Clay and Cast Ceramics *Rusch Park*

Wednesdays 9:00am - 12:00pm

**ceramics on hold, call 725-0185 for info*

Dance and Fitness

Exercise for Older Adults *Crosswoods Center*

Tues/Thur 9:00am - 10:00am

Latin Dance *Rusch Dance Studio*

Mondays 2:00pm - 4:00pm

Tap Dancing—3 level *Rusch Dance Studio*

Tommie's Beginning Happy Tappers

Mondays 9:30 - 11:30am

Tommie's Happy Tappers

Wednesdays 9:30 - 11:00am

Sunrise Tappers

Wednesdays 11:30am - 1:30pm

Fridays 12:00 - 2:00pm

Bowling at Fireside Lanes

Participants who have purchased SRPD Adult Memberships will be allowed to bowl on Mon-Fri from 9:00am - 12:00pm for only \$.75/person and \$3 for shoes when lanes are available.

For more information Contact Colin @ 721-0410 or csmith@sunriseparks.com

7801 Auburn Blvd.
Citrus Heights, CA 95610

(916) 725-1585

(916) 725-2541 fax

www.sunriseparks.com

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Register Online



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