

# SUMMER SWIMMING LESSONS & FAMILY RIVER SAFETY PROGRAM

# RIVER SAFETY

*Through grants from the Kiwanis Club of Citrus Heights, Citrus Heights Rotary, and California American Water, this program developed by the Sunrise Recreation & Park District, offers you and your family an opportunity to learn to swim and to be educated in river safety this summer.*

**Cost: \$20.00 for one month of the program!**

## Swim Lessons for Children and Teens

Mon - Thur | July 6th - July 29th | 4:25 - 4:55pm

## River and Lake Safety Classes (Entire Family)

Sun | July 11th | 11:00am - 12:00pm

Fri | July 30th | 4:00 - 5:00pm

All classes will be held at  
Rusch Community Park Swimming Pool  
7801 Auburn Blvd., Citrus Heights, CA 95610

To apply please visit [sunriseparks.com/river-safety-application](http://sunriseparks.com/river-safety-application).  
There are a limited number of spots available so apply quickly.

For more info, please call (916) 725-1585 or [SunriseParks.com](http://SunriseParks.com)



**Kiwanis**

**Rotary**

