



Sunrise Kids Club Virtual Preschool

Fine Motor Activity 2: Cardboard Lacing

Through this activity, preschoolers will practice hand-eye coordination, exercise their pincer grasp and work with patterns!

Supplies:

- Cardboard cut into 4x6 pieces (any cardboard will do)
 - *Feel free to make any shape you want!*
- Yarn, string or shoelaces
- Pencil
- Scissors
- Hole punch
- Scotch tape



Getting Ready:

1. Using your pencil, draw the shape onto the cardboard, then cut it out.
2. With your hole punch, punch holes all around your cardboard shape.
3. If you're using yarn for this activity, wrap a little piece of tape around each end of the yarn. This will keep it from fraying.
4. Tie a knot, that's larger than the holes in the cardboard pieces, one end of each piece of yarn or string.



Add some color by having you or your child fill in the pictures

Let the fun begin

Have your child take a piece of yarn or string and thread it through one of the holes you made in the cardboard. Encourage them to continue to thread the yarn into each hole until they have laced the whole piece.

If they skip a hole, don't worry, just have them try again, Practice, practice, practice!

