

## ADAPTIVE PROGRAM

Project  
P.L.A.Y.

3 - 21 years

## Rusch Park Pool

Tue - Fri 5:00 - 6:00pm

2722.200

6/1 - 6/4

This is a fitness and leisure education program for individuals with disabilities. The emphasis is on participation, not competition. Project P.L.A.Y. is based on the premise that everyone, regardless of disability, has ability, and that this ability should be nourished within the context of a play environment. This program is made possible by the CSUS College of Health and Human Services, United Cerebral Palsy and the Sunrise Recreation & Park District.

For more information, please call 725-0165. Register now, space is limited!



**Hearts for Parks**  
7801 Auburn Boulevard, Citrus Heights, CA 95610

In honor and memory of  
*Gene Ahner, former District  
Administrator of SRPD,*  
Hearts for Parks announces  
that its "mini-grant" program,  
with its emphasis on financial  
assistance for youth unable  
to afford full program fees  
has been named the:

### Gene Ahner Activity Assistance Fund.

Send your tax-deductible  
donation to:

Hearts for Parks  
7801 Auburn Blvd.,  
Citrus Heights, CA 95610  
(916) 725-0127

## Sunrise Kids Club Daycare & Preschool

August - June, 7:00am - 6:00pm, 5 days a week

**Daycare:** The Sunrise Recreation and Park District's "Sunrise Kid's Club" Daycare programs are state licensed daycare sites serving school-age children (K-6) and are located on five elementary school campuses. To enroll, a child must attend the school where the daycare is located. Summer care is open to any school-age child.

**Preschool:** The "Sunrise Kids Club" sites also offer preschool programs for any child 3-5 years of age. Please call centers for age cutoff dates for each program.

**For more information on the Daycare & Preschool programs,  
please call the following numbers:**

**ANTELOPE MEADOWS  
DAY CARE & PRESCHOOL**  
725-0794

Director: Maggie Williams

**BARRETT RANCH DAY  
CARE & PRESCHOOL**  
729-1616

Director: Rebecca Ward

**DRY CREEK DAY CARE**  
772-7307

Director: Rebecca Ward

**OAK HILL DAY CARE  
& PRESCHOOL**  
331-6042

Director: Jennifer West

**OLIVE GROVE DAY CARE  
& PRESCHOOL**  
726-0224

Director: Rebecca Ward

## "Catch a Wave" at the Sunrise Kids Club Summer Camps!

*Kindergarten - Sixth Grade*

Each "summer camp" program is scheduled from 7:00am - 6:00pm, Monday through Friday. The days are filled with creative arts and crafts, sports, interactive games, special events, field trips and many more fun activities to share with old and new friends.

Preschool summer programs for children 3-5 years are offered at Antelope Meadows, Oak Hill and Barrett Ranch "Sunrise Kids Club" sites.

### Summer Camp Sites:

#### Antelope Meadows Kids Club

Located at Antelope Meadows Elementary School

8343 Palmerson Dr., Antelope

Director: Maggie Williams, 725-0794

**Summer Camp: June 4 - August 5**

#### Barrett Ranch Kids Club

Located at Barrett Ranch Elementary School

7720 Ocean Park Dr., Antelope

Director: Rebecca Ward, 729-1616

**Summer: Preschool Only**

#### Oak Hill Kids Club

Located at Oak Hill Elementary School

3909 North Loop Blvd., Antelope

Director: Jennifer West, 331-6042

**Summer Camp: June 1 - August 5**

### Summer Camp Fees:

- \$26 per day
  - \$130 per week
- (call listed phone numbers  
for preschool fees)

#### Olive Grove Kids Club

Located at Olive Grove Elementary  
School

7926 Firestone Way, Antelope

Director: Rebecca Ward 726-0224

**Summer Camp: June 4 - August 5**

## 8th Annual Ahner Memorial Golf Tournament

Friday, April 16, 2010 at Mather Golf Course

Space Limited - Reserve Early! Cut-off Date is April 9, 2010.

For more information, go to [www.SunriseParks.com](http://www.SunriseParks.com).



## Foothill Kidz Summer Fun 3 - 7 years

### Session I: Kidz Adventures In Art and Cooking

These camps are designed with fun, creativity and imagination in mind.

**Cooking:** Children will learn to create fun and nutritious snacks, decorate desserts and make items like pizza and raised dough pretzels.

**Art:** Children will become familiar with many types of art media. At the end of the class everyone will have a beautiful portfolio to treasure. Some water play will be part of the class. (Please bring a snack!)

**Location: Foothill Community Center**

**June 15 - 24**

**2 weeks**

1213.201	3 - 4 years	Tue/Wed/Thur	9:00am - 12:00pm	\$85
1215.201	5 - 7 years	Tue/Wed/Thur	9:00am - 12:00pm	\$85

### Session II: Magical World of Science

Let's have fun with magic, make potions and do exciting science experiments. Bubbling volcanoes and gooey mixtures will be some of the cool creations during these weeks of exploration. In this class the children are the scientists! Some water play will be part of this class. (Please bring a snack!)

**Location: Foothill Community Center**

**June 29 - July 8**

**2 weeks**

1213.202	3 - 4 years	Tue/Wed/Thur	9:00am - 12:00pm	\$85
1215.202	5 - 7 years	Tue/Wed/Thur	9:00am - 12:00pm	\$85

### Session III: Kindergarten Readiness 4 - 5 years

This class is for children who are entering Kindergarten in Fall 2010. During this class, children will practice recognizing letters and the sounds each letter makes. Math skills will be counting and recognizing numbers. We will refine fine motor skills through cutting, art and writing. Instructors have many years of experience preparing children for school in a fun, positive learning environment. Have your child start Kindergarten excited and confident. The last week will include water play. (Please bring a snack!)

**Location: Foothill Community Center**

**July 12 - 29**

**3 weeks**

1215.203	4 - 5 years	Mon - Thur	9:00am - 12:00pm	\$168
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### Surfin Safari Days 3 - 4 years

**Week 1:** Games and Water Sports - Let's cool off with splash pools, slip and slides and fun water games.

**Week 2:** Pirate Island - Ahoy Mateys! Build cool pirate creations and venture off to Pirate Island in search of buried treasure.

**Week 3:** Animal Safari - Come explore the animal kingdom from A to Z. Learn about dinosaurs and animals living today. (Please bring a snack!)

**Location: Foothill Community Center**

**July 13 - 29**

**3 weeks**

1213.203	3 - 4 years	Tue/Wed/Thur	9:00am - 12:00pm	\$128
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The first seven tournaments honoring Gene Ahner, who passed away in March 2000, were great successes, raising over \$46,000 for Mather Lake Rotary Recreation Area.

Funds raised benefit the Gene Ahner Memorial Foundation. Tournament sponsorships are still available. For details, call Pat Fenwick at 359-6069.

Entry Fee of \$100 per person includes Green Fee, Cart, Range Balls, Lunch, BBQ Dinner, Tournament Gift, Raffle and more. BBQ Dinner & Awards Ceremony immediately after the tournament.

## Rusch Park Preschool Summer Fun

3 - 5 years

*Children must be 3 years old by 9-1-10.*

Come and join in the fun! Each session will have a different theme and visit the Rusch Park Pool one day a week. Children do not have to know how to swim. Staff, including certified lifeguards, will supervise your child's class.

### Session I: Summer Magic

**June 14 - July 1**

**3 weeks**

**9:15am - 12:45pm**

**\$90**

**Rusch Park Community Center**

We'll capture the magic of summer with beach creatures, tents, picnics, arts and crafts and lots of water fun!

1117.201	4 - 5 years	Mon/Wed
1115.201	4 - 5 years	Mon/Wed
1113.201	3 - 4 years	Tue/Thur
1111.201	3 - 4 years	Tue/Thur

### Session II:

#### Amazing Animals

**July 5 - 22**

**3 weeks**

**9:15am - 12:45pm**

**\$90**

**Rusch Park Community Center**

Let's have some fun with the wild and exciting world of lions, tigers, monkeys and so many other zoo friends!

1117.202	4 - 5 years	Mon/Wed
1115.202	4 - 5 years	Mon/Wed
1113.202	3 - 4 years	Tue/Thur
1111.202	3 - 4 years	Tue/Thur

### Session III: Ready For Success

**July 26 - August 12**

**3 weeks**

**9:15am - 12:45pm**

**\$90**

**Rusch Park Community Center**

A fun filled review of Kindergarten Readiness skills to include letters, shapes, counting, name writing, listening to stories and music and movement for the 4 - 5 year olds. An introduction of these skills for the 3 - 4 year olds.

1117.203	4 - 5 years	Mon/Wed
1115.203	4 - 5 years	Mon/Wed
1113.203	3 - 4 years	Tue/Thur
1111.203	3 - 4 years	Tue/Thur



For information regarding the preschool programs, please contact:  
**Rusch Park Preschool, Maggie Williams @ 725-0794**  
**Foothill Preschool, Jennifer West @ 331-6042**

## Preschool Recreation Experience I

This recreation-oriented program is a good introduction to group activities. Children will experience simple arts and crafts, show and tell, circle time, organized games and supervised free play in the park. Children must be toilet trained.

*\*For ActiveNet codes after April, please contact the preschool program at the phone numbers above.*

## Preschool Recreation Experience II

The four and five year old classes are based upon a nine-month curriculum designed to prepare a child for elementary school. Cooperation and sharing are emphasized in games, music and movement, arts and crafts, academics and supervised free play throughout the year.

Both classes have one instructor and one aide with a maximum of 16 students.

*\*For ActiveNet codes other than September, please contact the preschool program at the phone numbers above.*

### 2009-10 School Year

Session Date	Tuition Due
4/1 - 4/30	Anytime up to April 1
5/3 - 5/28	Anytime up to May 1

#### Preschool Recreation Experience I (April session)

Codes	Day	Time	Fee	Location
1111.104	Tue/Thur	9:00am - 12:00pm	\$99	Rusch Park #2
1113.104	Tue/Thur	9:00am - 12:00pm	\$99	Rusch Park #3
1211.104	Tue/Thur	9:00am - 12:00pm	\$99	Foothill "D"

#### Preschool Recreation Experience II (April session)

Codes	Day	Time	Fee	Location
1115.104	Mon/Wed/Fri	9:00am - 12:00pm	\$140	Rusch Park #2
1117.104	Mon/Wed/Fri	9:00am - 12:00pm	\$140	Rusch Park #3
1119.104	Tue/Wed/Thur	12:45pm - 3:30pm	\$140	Rusch Park #3
1213.104	Mon/Wed/Fri	9:00am - 12:00pm	\$140	Foothill "D"
1215.104	Tue/Thur	8:30am - 12:00pm	\$115	Foothill "C"
1217.104	Mon/Wed/Fri	8:30am - 12:00pm	\$165	Foothill "C"

## Registration for Fall Preschool Recreation Experience I & II

### Classes begin Wednesday, August 18, 2010

Early Bird Registration for preschool for the 2010-11 school year will be on a first come, first serve basis and will take place on May 10, 2010 from 12:00 - 2:00pm at both the Rusch Park and the Foothill Preschool locations. An initial, non-refundable \$20.00 registration fee is due upon enrollment. (Fee includes preschool t-shirt)

- o There are specific age requirements for each class.
- o Proof of Birthdate and Immunization Records must be presented at the time of enrollment.
- o This is a continuous, school year program. All sessions are monthly and tuition is calculated to be the same monthly cost from September to May. Rates shown are September through May. **August is a shorter month and therefore, a lesser tuition amount will be due.**

### 2010-11 School Year

Session Date	Tuition Due
8/18 - 8/31	August 18 (Pro-rated first month)
9/1 - 9/30	On or before Sept 1

#### Preschool Recreation Experience I (September session)

Codes	Day	Time	Fee	Location
1111.302	Tue/Thur	9:00am - 12:00pm	\$105	Rusch Park #2
1113.302	Tue/Thur	9:00am - 12:00pm	\$105	Rusch Park #3
1217.302	Tue/Thur	8:45am - 12:15pm	\$122	Foothill "D"

#### Preschool Recreation Experience II (September session)

Codes	Day	Time	Fee	Location
1115.302	Mon/Wed/Fri	9:00am - 12:00pm	\$150	Rusch Park #2
1117.302	Mon/Wed/Fri	9:00am - 12:00pm	\$150	Rusch Park #3
1119.302	Tue/Wed/Thur	12:45pm - 3:30pm	\$150	Rusch Park #3
1213.302	Mon/Wed/Fri	8:45am - 12:15pm	\$175	Foothill "D"
1217.302	Mon/Wed/Fri	8:45am - 12:15pm	\$175	Foothill "C"
1215.302	Tue/Thur	8:45am - 12:15pm	\$122	Foothill "C"

## Creative Adventures in Preschool Music, Movement & ABC's

3-5 years, Must be 3 years by 9/1/10

**Location: Rusch Park #3**

Children will experience the enjoyment of music and movement through many different activities and fun creative arts. This is a great way to develop motor skills and learn the ABC's!

Mon	12:45 - 3:30pm
1116.301	8/23 & 8/30 2 weeks \$24
1116.302	9/13 - 9/27 3 weeks \$36